

• DESSERTS •

Served all day

CARAMEL BREAD PUDDING 4.59

SEASONAL CHEESECAKE 4.59
Ask server for featured flavor

SEASONAL PIE 3.99

BROWNIE SUNDAE 4.99

Warm brownie topped with chocolate covered ice cream, whipped cream and served with hot caramel sauce

DEATH BY CHOCOLATE 4.99

• KIDS MENU •

10 and under

Breakfast:

EGG SANDWICH 2.99

Egg, Bacon or Sausage & American on white toast and side of fruit

YOGURT & FRUIT 3.29

Vanilla yogurt & seasonal fruit

KIDS PANCAKE 3.99

2 kiddie pancakes served with bacon or sausage

Lunch: Served with fresh fruit

TURKEY SANDWICH 3.99

Turkey & American cheese on white bread

GRILLED CHEESE 3.99

American Cheese on white bread

PEANUT BUTTER & JELLY 3.99

Creamy peanut butter & grape jelly on white bread

KRAFT MAC & CHEESE 4.79

• BEVERAGES •

BREWED COFFEE

To-Go 1.89

Bottomless Mug 2.29

CAPPUCCINO

12oz 2.79 16oz 3.29

LATTE

12oz 2.99 16oz 3.39

CHAI LATTE

12oz 2.79 16oz 3.19

Whole or Skim Milk

Sub Almond or Oat milk add .50

COLD BREW

Brewed and served over ice

12oz 2.89 16oz 3.79

NITRO COFFEE

12oz 3.49 16oz 4.49

CENTRAL CHILLER

Try our icy chillers in

Chocolate or Vanilla. Flavor or Espresso shots available for an additional charge 3.89

TWO LEAVES

& A BUD TEA 1.99

HOT CHOCOLATE

Rich, creamy and steaming hot, topped with whipped cream and mini chocolate chips 2.29

JUICE

Apple or Orange 2.29

SMOOTHIES

Very Berry, Harvest Fruit & Strawberry Banana 16oz 3.99

Add Juice Plus Vanilla

Protein Powder 1.00

PROTEIN SHAKES

Green Monster, Chocolate Cookie Monster 16oz 4.79

MILK

Whole or Skim 1.99

CHOCOLATE MILK 2.29

FOUNTAIN SODA 1.99

20  03
Sarah's

• ON CENTRAL •

A Sweet Gathering Place



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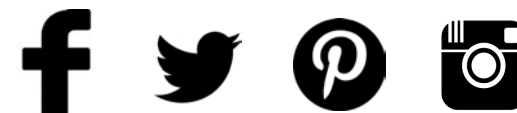
Monday: Closed

Tuesday: Kitchen 7:30-3:00; Sweet Shop - till 5:00

Wednesday-Saturday: Breakfast/Lunch - 7:30-9:00; Dinner Menu 5:00-9:00

Sunday: 8:00-2:00 – Breakfast served all day

Let's get social....



• BREAKFAST •

Served until 11:00 am and all day on Sunday

BIG BISCUIT

SAMMY 4.99

Our house made big biscuit layered with egg, bacon or sausage & your choice of American or white Cheddar cheese

SKINNY

SAMMY 5.49

Egg whites topped with fresh spinach, sundried tomato pesto and white cheddar on multigrain bread

CENTRAL

BREAKFAST PLATE 7.99

2 eggs, roasted potatoes, bacon or sausage patty and toast

RICOTTA

PANCAKES 7.29

Three pancakes layered with sweet ricotta and seasonal fruit compote. Served with bacon or sausage

CINNAMON ROLL 3.79

Our house made jumbo cinnamon roll

CROOEY 3.79

Croissant dough filled with gooey butter cake

THE CENTRAL

MUFFIN 3.29

Savory muffin with bacon, cheddar and chives with an egg baked in the middle. This is the perfect grab & go handheld breakfast item ... a must try!

CORN CAKES &

CARNITA HASH 8.99

Grilled cornbread topped with pork carnita hash, over-easy eggs, and chimichurri sauce. Served with fruit

CHEESY

SCRAMBLE 8.99

Roasted tomato, spinach, bacon, cheddar scrambled together with eggs served over an English muffin and served with fruit

BREAKFAST

FLATBREAD 9.29

Topped with tomato jam, bacon, spinach, parmesan cheese and an over-easy egg

BREAKFAST

TACOS 8.99

3 flour tortillas filled with chorizo, scrambled eggs, cheddar, salsa, roasted potatoes. Served with fruit

SMOTHERED

SAMMY 6.99

Big Biscuit Sammy with bacon, sausage, egg, American cheese, smothered in sausage gravy

VEGGIE HASH 8.99

Quinoa, spinach, sweet potatoes, red onion, mushrooms, Brussel sprouts topped with 2 egg whites

STEEL CUT OATS

Plain Jane: served with granola, brown sugar & fruit 4.29

Fancy Pants: made with almond milk, bananas, cinnamon & brown sugar, topped with fresh banana 4.99

PANCAKES 5.99

*3 buttermilk pancakes served with bacon or sausage
Additional Toppings: Chocolate Chip, Bananas, Nutella & Strawberries for 1.00*

YOGURT BOWL 4.29

Vanilla yogurt topped with fresh granola, bananas and seasonal fruit

QUICHE 8.99

2 selections daily served with seasonal fruit

BREAKFAST

BURRITO 7.99

Scrambled eggs, cheddar, breakfast potatoes, choice of sausage or bacon wrapped in a flour tortilla. Served with fresh fruit & salsa. Try it smothered for 1.00 more

BISCUIT & GRAVY 4.79

House made jumbo biscuit topped with sausage gravy. Make it a double for 2.00 more

• SANDWICHES & WRAPS •

Served with Potato Salad, Central Side or Chips

Gluten Free Bread available

CAFÉ CHICKEN SALAD 8.99

Grapes, walnuts and a special light dressing tossed with pulled chicken, served on a croissant with lettuce & tomato

TURKEY PANINI 8.99

Turkey, bacon, avocado, white cheddar & chipotle mayo served on multigrain

GOURMET GRILLED CHEESE 8.29

Fontina and white cheddar cheeses, thick cut bacon and tomato jam served on Country White

CALIFORNIA CLUB 8.99

Grilled chicken, bacon, cheddar, avocado, sundried tomato aioli, lettuce & tomato on a Baguette

VEGGIE BURGER STACK 9.29

Black bean burger and white cheddar cheese folded up into a flour tortilla and grilled; topped with shredded lettuce, avocado, tomato and chimichurri sauce

CHICKEN CAESAR WRAP 9.29

Romaine lettuce, parmesan, tomatoes, parmesan croutons, grilled chicken and avocado Caesar dressing. Make it TWISTED by substituting shrimp...add 1.29

BUILD-A-BLT 9.89

*Thick-cut bacon, lettuce, and tomato
Choose: White or Wheat toast
Choose: Regular Mayo, Chipotle Mayo or Horseradish Mayo
Choose: Egg or Avocado
Choose: White Cheddar or American Cheese
Choose: Pickled Red Onions or Caramelized Onions*

BEEF & CHEDDAR 9.49

Roast beef, cheddar spread, bacon, horseradish-mayo served on ciabatta

CLASSIC DIP 9.29

Hot roast beef, fontina, caramelized onions on baguette served with au jus for dipping

JAY'S SPECIAL 9.29

Roasted beef, salami, turkey, lettuce, tomato, pickled red onions and Italian dressing

• SALADS & MORE •

GREEK SALAD 9.99

Chopped romaine tossed with balsamic vinaigrette and layered on hummus, topped with feta cheese, shaved red onion, kalamata olives, cucumbers, tomato, artichokes, & chickpeas

NUTS ABOUT BERRIES 9.29

Spring mix tossed with raspberry-basil vinaigrette, topped with nutty-granola, strawberries, dried cranberries, and feta cheese

TWISTED SHRIMP CAESAR 11.79

Romaine lettuce tossed with parmesan, tomatoes and avocado Caesar Dressing, topped with garlicky shrimp and parmesan croutons

SOUTHWEST COBB 9.99

Chopped romaine tossed with Southwest Lime dressing, topped with bacon, cheddar cheese, black bean-corn salsa, grilled chicken and tortilla strips

SIDE SALAD 3.29

Mixed greens, shredded parmesan, tomato and herb croutons

SHERI B'S ITALIAN SALAD 9.99

Chopped romaine tossed in Mr. B's creamy Italian dressing and topped with black olives, artichoke hearts, tomatoes, pepperoncini, red onion and salami

THAI NOODLE SALAD 7.29

*Rice noodles tossed with a Thai peanut sauce and topped with carrots, red cabbage, red bell pepper, chives and cilantro
Add Chicken 2.99, Salmon 4.79 or Shrimp 3.29*

MAC 'N CHEESE 9.99

Pasta in a 3-cheese sauce baked with a parmesan breadcrumb crust. Served with side of mixed greens

QUICHE 8.99

2 selections daily served with mixed greens

SOUP 4.29

Choose from 2 daily soups

SARAH'S SPLIT 9.29

Choose 2 of the following; Soup, Side Salad or ½ Sandwich (turkey panini, grilled cheese or BLT)

• TOAST MENU •

Served all day

TOAST & JAM 2.99

Your choice of Country White or Multigrain toasted and served with butter and house made jam

CINNAMON & SUGAR 2.49

Toasted Brioche slathered with cinnamon butter, sprinkled in cinnamon & sugar

AVOCADO TOAST 6.99

Thick cut multigrain bread toasted and topped with fresh smashed avocado. Served with fresh fruit or lightly tossed greens

NUTTY BANANA 3.29

Your choice of Country White or Multigrain toasted, topped with Nutella and fresh sliced bananas