

BREAKFAST MENU

Served 8am-11am daily

Sunday served all day

BIG BISCUIT SAMMY \$4.99

BIG biscuit, egg, sausage or bacon,
choice of cheese.

Smother with gravy for \$1

BREAKFAST BURRITO \$8.99

Eggs, cheddar, breakfast potatoes, sausage or
bacon, served with seasonal fruit.

Smother with gravy for \$1

BISCUIT GRAVY \$4.99

BIG biscuit, sausage gravy...make it
a double for \$2 more!

CENTRAL PLATE \$8.99

2 eggs, breakfast potatoes,
bacon or sausage, toast

CHICKEN FRIED CHICKEN \$9.99

Breaded chicken, sausage gravy,
breakfast potatoes, toast

QUICHE \$9.29

Served with seasonal fruit

YOGURT PARFAIT \$4.79

Vanilla yogurt, seasonal fruit,
house-made granola

PANCAKES \$6.99

3 buttermilk pancakes served
with bacon or sausage

BELGIAN WAFFLE \$6.99

Vanilla malted waffle served
with bacon or sausage

CHICKEN & WAFFLE \$8.99

Waffle served with fried chicken

AVOCADO TOAST \$7.99

Wheatberry toast, fresh avocado slices,
over-easy egg

CINNAMON ROLL \$3.79

House-made cinnamon roll

KIDS BREAKFAST

Kids 10 & under

MINI CENTRAL PLATE \$3.99

1 egg, bacon or sausage, toast

PANCAKES \$3.99

2 junior pancakes, bacon or sausage

SNACKS

PRETZEL BITES \$6.99

house-made served with cheese sauce

SMOTHERED FRIES \$5.99

fries, cheese sauce, bacon, sour cream

FRIED PICKLE CHIPS \$6.99

served with roasted red pepper aioli

CHICKEN TENDERS \$8.99

served with ranch or Sarah's secret sauce

BUFFALO CHICKEN TENDERS \$9.99

spicy & sweet served with ranch

ONION STRAWS \$8.99

House-made, thin & crispy served with ranch & BBQ sauce

POTATO SKINS \$8.99

Stuffed with cheddar cheese & bacon, served with sour cream.

SALADS

TWISTED SHRIMP CAESAR \$12.99

parmesan, tomatoes, croutons, garlicky shrimp, avocado Caesar

CAFÉ COBB SALAD \$10.99

turkey, bacon, cheddar, black olives, egg, tomato, avocado, croutons

BUFFALO CHICKEN SALAD \$10.99

buffalo tenders, blue cheese, black olives, tomatoes

MEDITERRANEAN SALMON SALAD \$14.99

salmon, avocado, red onion, tomato, Kalamata olives, cucumber, feta, balsamic vinaigrette

MONSTER TACO SALAD \$10.99

beef, cheddar, black olive, black beans, red onion, tomato, salsa, sour cream, spicy ranch in a crunchy tortilla bowl

SIDE SALAD \$3.89

cheddar, red onion, tomato, crouton

DRESSING CHOICES: Ranch, Sweet Italian,

BOWLS & SUCH

VEGETABLE RICE \$9.99

brown rice, zucchini, red onions, broccoli, red pepper, carrots, cabbage, mushrooms, teriyaki glaze

SHRIMP BROCCOLI \$12.99

brown rice, garlicky shrimp, broccoli, teriyaki glaze

WHITE CHICKEN CHILI \$4.79

gluten & dairy free

SANDWICHES & WRAPS

Served with fries, GF bread available

TURKEY PANINI \$9.29

turkey, bacon, avocado, white cheddar, chipotle mayo, wheat bread

JILL'S GRILLED CHEESE \$9.29

white cheddar, fontina, sundried tomato, pesto, wheat

KNOCK OFF CHICKEN SANDWICH \$9.99

breaded chicken, American, lettuce, tomato, pickle Sarah's secret sauce

BLT \$9.29

bacon, lettuce, tomato, mayo, white toast

TURKEY RANCH WRAP \$10.29

turkey, bacon, cheddar, lettuce, tomato, ranch

CHICKEN CAESAR WRAP \$10.29

chicken, parmesan, croutons, lettuce, avocado Caesar

BUFFALO CHICKEN WRAP \$10.29

buffalo tenders, blue cheese, black olives, lettuce, tomato, ranch

SHRIMP TACOS \$12.99

3 tacos filled with shrimp, lime slaw,

BURGERS

Served with fries

HAMBURGER \$10.99

8oz. burger, lettuce, tomato

CENTRAL \$12.99

8oz. burger, cheddar spread, bacon, lettuce, tomato

UMM-BURGER \$13.99

8oz. burger, BBQ sauce, bacon, cheddar spread, onion straws

BLACK BEAN BURGER \$12.99

patty, Swiss, grilled onions, Sarah's secret sauce

SALMON BLT \$12.99

pan seared salmon, bacon, lettuce, tomato, pickled red onion, avocado, red pepper aioli

ENTREES

Served with side salad

CENTRAL CARBONARA \$13

parmesan cream sauce, bacon, peas

ROASTED VEGETABLE PASTA \$13

zucchini, red onion, peas, red pepper, carrot, broccoli tossed in a light basil cream sauce.

SHRIMP SCAMPI PASTA \$14

shrimp, white wine scampi sauce, veg medley

ASIAN SALMON \$15

Teriyaki glazed salmon, brown rice, roasted broccoli

KIDS MENU

10 & under/served with fries*

CHEESEBURGER* \$6.99

CHICKEN RINGS* \$3.99

GRILLED CHEESE* \$3.99

KRAFT MAC 'N CHEESE \$4.99