

SNACKS

PRETZEL BITES \$6.99

house-made served with cheese sauce

SMOTHERED FRIES \$5.99

fries, cheese sauce, bacon, sour cream

VEGGIE SPRING ROLLS \$8.99

served with spicy peanut sauce

CHICKEN TENDERS \$8.99

served with ranch or Sarah's secret sauce

BUFFALO CHICKEN TENDERS \$9.99

spicy & sweet served with ranch

ONION STRAWS \$8.99

House-made, thin & crispy served with ranch & BBQ sauce

SALADS

TWISTED SHRIMP CAESAR \$12.99

parmesan, tomatoes, croutons, garlicky shrimp, avocado Caesar

CAFÉ COBB SALAD \$10.99

turkey, bacon, cheddar, black olives, egg, tomato, avocado, croutons

BUFFALO CHICKEN SALAD \$10.99

buffalo tenders, blue cheese, black olives, tomatoes

MEDITERRANEAN SALMON SALAD \$14.99

salmon, avocado, red onion, tomato, Kalamata olives, cucumber, feta, balsamic vinaigrette

MONSTER TACO SALAD \$10.99

beef, cheddar, black olive, black beans, red onion, tomato, salsa, sour cream, spicy ranch in a crunchy tortilla bowl

SIDE SALAD \$3.89

cheddar, red onion, tomato, crouton

DRESSING CHOICES: Ranch, Sweet Italian, Balsamic Vinaigrette, Avocado Caesar, Honey Mustard, Peach Vinaigrette

BOWLS & SUCH

VEGETABLE RICE \$9.99

brown rice, zucchini, red onions, broccoli, red pepper, carrots, cabbage, mushrooms, teriyaki glaze

SHRIMP BROCCOLI \$12.99

brown rice, garlicky shrimp, broccoli, teriyaki glaze

WHITE CHICKEN CHILI \$4.79

gluten & dairy free

SANDWICHES & WRAPS

Served with fries, GF bread available

TURKEY PANINI \$9.29

turkey, bacon, avocado, white cheddar, chipotle mayo, wheat bread

GOURMENT GRILLED CHEESE \$8.79

fontina, white cheddar, bacon, tomato jam

KNOCK OFF CHICKEN SANDWICH \$9.99

breaded chicken, American, lettuce, tomato, pickle Sarah's secret sauce

BLT \$9.29

bacon, lettuce, tomato, mayo, white toast

TURKEY RANCH WRAP \$10.29

turkey, bacon, cheddar, lettuce, tomato, ranch

CHICKEN CAESAR WRAP \$10.29

chicken, parmesan, croutons, lettuce, avocado Caesar

BUFFALO CHICKEN WRAP \$10.29

buffalo tenders, blue cheese, black olives, lettuce, tomato, ranch

SHRIMP TACOS \$12.99

3 tacos filled with shrimp, lime slaw, avocado, pickled red onion

BURGERS

Served with fries

HAMBURGER \$10.99

8oz. burger, lettuce, tomato

CENTRAL \$12.99

8oz. burger, cheddar spread, bacon, lettuce, tomato

UMM-BURGER \$13.99

8oz. burger, BBQ sauce, bacon, cheddar spread, onion straws

BLACK BEAN BURGER \$12.99

patty, Swiss, grilled onions, Sarah's secret sauce

SALMON BLT \$12.99

pan seared salmon, bacon, lettuce, tomato, pickled red onion, avocado, red pepper aioli

ENTREES

Served with side salad

CENTRAL STEAK \$15

steak medallions, herb butter, garlic fries, veg medley

CENTRAL CARBONARA \$13

parmesan cream sauce, bacon, peas

SHRIMP SCAMPI \$14

shrimp, white wine scampi sauce, pasta, veg medley

ASIAN SALMON \$15

Teriyaki glazed salmon, brown rice, roasted broccoli

KIDS MENU

10 & under/served with fries*

CHEESEBURGER* \$6.99

CHICKEN RINGS* \$3.99

GRILLED CHEESE* \$3.99

KRAFT MAC 'N CHEESE \$4.99